

Hermitage Report
CCA General Meeting
March 11, 20223

Sojourner Reflection:

“On this last evening of my sojourner experience, I reflect on the arc of my week here. The deep quiet was a balm to my overstimulated nervous system, which is used to tending to the needs of my 3-year-old, and just the constant input of modernity. I would find myself in disbelief that I had the good fortune to be having this experience of solitude and uninterrupted taking-in the natural world, time to meditate, walk, sing, rest, stretch – all the things that get sacrificed in daily life. I would say that I live my life knowing that the status quo of the modern world is frenetic and deeply out of alignment with nature, but experiencing an extended solitude in this place, I’ve had a visceral experience of it. Our nervous systems evolved for eons in the rhythms of the natural world.

It is remarkable that this place and this opportunity exists. I reflect on the great will and resources of those who worked to preserve this land with the mission of providing a place for people to have the experience of connecting to the wild, to those who build, maintain, and steward the program. I am humbled and inspired by your generosity. I thank you deeply, and hope this opportunity is afforded many more to come.” Sojourner, November 2023

Sojourners:

Since our last meeting in January, we have had:

- 2 sojourners for a total of 16 days:
- Upcoming: 3 this month, 3 in April.

Sabbatical Gatherings:

- Held every 2nd Saturday of month.
- The January gathering we hiked up Hot Springs Wash to a lovely little slot canyon.
- The February gathering was a walk with goats along Hot Springs Wash.
- March was cancelled but we will resume in May.

Sojourning News:

Sent out 1st of month. There was no news in March but will resume in April.

Caravan Hermitage is now open for sojourners. Our first sojourner will arrive the end of this month.

Ralph Wadlt’s Naturalist Tour of Hot Springs Canyon

The Hermitage Committee is sponsoring a tour of Hot Springs Canyon with Naturalist Ralph Wadlt on Saturday, March 18. It will be a full group of 15 people. Ralph Wadlt will be our guide and will be teaching us about the area’s incredibly rich ecology.